

Code INNE **Nepal Express**



Tour Dossier Introduction

Dossier Last Updated: 30-09-2015

Tour Code: INNE

Duration: 9 nights / 10 days

Joining City: Kathmandu

Departure City: Kathmandu

Nearest Joining International Airport: Kathmandu Tribhuvan Intl Airport (KTM)

Nearest Departing International Airport: Kathmandu Tribhuvan Intl Airport (KTM)

Please check this document just before departing in case of last minute changes to your tour.

Tour Documents

 PDF Document

 Web Page

 Nepal Dossier

What's Included

- Kathmandu Orientation Walk
- Entry to Chitwan National Park
- Tharu Cultural dance show
- Annapurna Foothills Trek
- Bicycle Trip to Tibetan Refugee Camp

- 7 night(s) in hotels, 2 night(s) in lodges
- 2 breakfasts
- Travel by Minibus, Public Bus, Trek
- Tucan Travel tour leader, English-speaking local guide(s) on included excursions

What's not Included

- International flights and departure taxes
- Tips on included excursions, visas, travel insurance, personal items and single rooms.
- Airport transfers and pre and post tour accommodation
- Spending money – budget for meals, snacks, drinks, limited souvenirs, laundry, tips and any extras
- Optional excursions - Please see the optional excursions on the dossier page for a comprehensive list of optional activities and excursions available on this tour.

Detailed Itinerary

Day 1 to 1 - Arrive Kathmandu

The first day of your tour is simply an arrival day with no pre-organised activities. In order to allow time to relax and see some of the sights you may wish to add pre tour accommodation. On arrival please ask at the reception for information on when the pre departure meeting will be held.

Kathmandu, the capital of Nepal, is surrounded by snow-capped mountains while Kathmandu Valley has the highest number of UNESCO World Heritage Sites in such a small area and is surrounded by verdant agricultural hills scattered with traditional villages and ancient holy temples and shrines used by both Buddhists and Hindu worshippers.

Explore the many attractions this city has to offer. The backstreets around Durbar Square and Palace are bustling with life with throngs of people going about their lives and selling on the road. Random cows wander the streets, taxis hoot and narrow alleyways overflow with spices, vegetables and handicraft shops with intriguing and unpleasant smells, incessant noise and pollution – triggering a sensory overload. You could also venture to ominously named freak street or Jochne named by the hippies during the 1970s.

Included Excursions: Kathmandu Orientation Walk

Optional Excursions: Car for full day tour – NPR 3500 • Van for full day tour – NPR 5000 • Local guide full day – NPR 2800 • Local guide half day – NPR 1400 • Kathmandu Durbar Square – NPR 750 • Patan Durbar Square – NPR 750 • Bhaktapur Durbar Square – NPR 1500 • Swyambhunath Temple – NPR 200 • Boudhanath Temple – NPR 1500 • Everest mountain flight – US\$191 + USD \$2 airport tax

Accommodation: 1 night(s) in hotels

Day 2 to 3 - Chitwan National Park

We travel to Chitwan National Park. The park is UNESCO World Heritage listed (1984) and is home to one of the last populations of single-horned Asiatic rhinoceros and also of the Bengal tiger. The park is situated in south central Nepal, covering 932 square kilometres in the subtropical lowlands of the inner Terai. The area comprises the Tikauli forest - from Rapti river to the foothills of the Mahabharat - extending over an area of 175 square kilometres. The area became the country's first National Park in 1973.

We stay inside Chitwan National Park and you will have a choice of optional excursions to enjoy from canoeing and jungle walks to jeep safaris as you keep an eye out for the elusive tiger. In the evening, after a delicious dal baat dinner we watch a Tharu Cultural Dance Show, understanding the different interpretations of the Tharu dances.

Included Excursions: Chitwan National Park entry • Tharu Cultural Dance Show

Optional Excursions: Canoeing – US\$10 • Jungle Walk – US\$10 • Elephant Breeding Centre – US\$5 • Jeep Safari – US\$20

Accommodation: 2 night(s) in hotels

Day 4 to 4 - Pokhara

We head to the stunning lake town of Pokhara with spectacular views of the Annapurna mountains. The town is situated on the banks of Lake Phewa Ta, the second largest lake in Nepal. This town itself is very quiet and laid back providing a great base for trekking. Here you can grab some last minute equipment in preparation for your hike in the morning.

Optional Excursions: Paragliding – NPR 8500 • Boat ride on lake – NPR 400/hr • Mountain biking – NPR 200/hr or NPR 800 full day • Kayaking on lake – NPR 200/hr

Accommodation: 1 night(s) in hotels

Day 5 to 6 - Annapurna Foothills

After a big breakfast, we take a car to the start of our trek and we begin our climb in to the Annapurna Foothills, the views become even more beautiful as we climb to our first nights accommodation at 1900m. We enjoy snow-capped peaks, blue lakes and rivers. The deep valleys and high mountains surrounding the Annapurna Himal include varied terrain, from subtropical jungle to a high, dry landscape.

We spend two days hiking through the Annapurna foothills. The views are breathtaking and the trails are scenic. A guide explains the flora and fauna that we pass and we are assisted by porters who carry your toiletries and a change of clothes. We sleep in rustic lodges along the way and pick up litter along the route. It is a magical two days where you get the opportunity to walk through small villages.

Included Excursions: Annapurna Foothills Trek • Bicycle trip to a Tibetan Refugee Camp

Accommodation: 2 night(s) in lodges

Day 7 to 8 - Pokhara

After two nights in the foothills, we return to Pokhara where you can rest your aching feet by the lake and take in the scenery. We cycle to a Tibetan Refugee Camp to watch how the women make silk rugs and you can hire a boat out on to the lake. If you are not finished with the trekking you can hike up to the Japanese Peace Pagoda or hire a mountain bike to explore the countryside around the lake.

Accommodation: 2 night(s) in hotels

Day 9 to 9 - Kathmandu

We return to Kathmandu for a final night in Nepal's capital. Enjoy some last minute sightseeing and souvenir shopping or a final dahl baat with your tour group.

Accommodation: 1 night(s) in hotels

Day 10 to 10 - Depart Kathmandu

Your adventure of a lifetime comes to an end today. If you have a late flight or have lengthened your stay by adding post tour accommodation you will have more time to explore the sights.

Day by Day Itinerary

Day	Activity	Country	Meals	Single Room
Day 1	Kathmandu	Nepal		✓
Day 2	Chitwan National Park			✓
Day 3	Chitwan National Park			✓
Day 4	Pokhara			✓
Day 5	Annapurna Foothills			
Day 6	Annapurna Foothills			
Day 7	Pokhara			✓
Day 8	Pokhara		B	✓
Day 9	Kathmandu		B	✓
Day 10	Kathmandu			

(B - Breakfast, L - Lunch, D - Dinner included)

For tours that include the option of a single supplement, a ? will indicate in which destinations single rooms are available. The detailed and day by day itineraries above are provided in good faith and it is our intention to adhere to the published route. Changes may be made before or during your tour for operational or safety reasons or to incorporate improvements. Impromptu changes may also occur whilst you are travelling as a result of one-off circumstances such as an excursion being closed on a particular day, weather conditions or transport. Delays are rare but occur occasionally and for this reason and the reasons above this itinerary should be considered as a guide only. Published transport times are approximations and may vary depending on local conditions.

Travel Style

This is an Adventure Tour, we see a destination from the locals' perspective using a variety of transport and staying in small locally owned accommodation. There is a maximum of 16 travellers with an average group size of 8-12. All our Adventure Tours are priced per person on a shared room basis meaning there is no compulsory extra payment for those travelling on their own. Please read the Adventure Tour travel style dossier to ensure you understand the style of travel you are undertaking: <http://www.tucantravel.com/travel-styles/dossier/adventure-tours>

I'd like my own room

If you are a solo traveller, a single room is available on most occasions at an extra cost. Price information can be found on the price page of each tour. This must be booked in advance.

Joining your tour

Your joining location is:

Kathmandu Prince Hotel
Chhetrapati,
Thamel,
Kathmandu,
Nepal

Tel: 4255961, 4255282

There are safe deposit boxes for your use (you will get an itemised receipt). Please leave all of your important documents, money and travellers cheques here when you go out but remember to carry some form of ID and a photocopy of your passport with you.

It is advisable not to wear chains or expensive looking watches or jewellery while in major cities. You should also keep your camera concealed when not in use and carry daypacks on your front for extra safety.

Arriving in Kathmandu

On arriving at Kathmandu International Airport you will find money changers at the airport; they charge a service fee and offer a worse rate than is offered in Thamel where our joining hotel is located, so it is recommended to extract a small amount of cash when you first arrive. The local currency is the Nepalese rupee.

Airport Transfers

Airport transfers are not included in the tour price and must be booked separately in advance through Tucan Travel. If you have booked an airport/hotel transfer with us, please look out for someone with a sign which has your name, Tucan Travel, or both after exiting the customs hall.

If you have booked an arrival transfer with us and you are going to be delayed by more than two hours, you must advise us of the delay at least six hours before arrival. If we are advised in time, we will make every effort to reschedule your transfer and your driver will be asked to wait for two hours after your new expected arrival time. However, if we are not made aware of any change, the driver will only wait for two hours after the original scheduled arrival time and after this point it will be up to you to arrange transport to your hotel at your own expense. Please contact us on the emergency contact details below if you are likely to be delayed.

Contact your arrival transfer:

Contact: Nepal Operations Team

Phone: +91 (0) 9999780391

Making your own way

If you would prefer to make your own way to and from your hotel, a taxi ride to Thamel should not exceed 300 rupees. You can order a taxi at the pre-paid booth inside the airport, which costs 450 rupees. This is more than the meter rate, but saves the hassle of long negotiations.

You will need to pay for your taxi in Nepalese rupees, you may have to bite the bullet on a low exchange rate at the airport and change a small amount for a taxi to the hotel.

Pre-Departure Meeting

Day one of all our tours is simply an arrival day, with no organised activities, so you will have some free time to relax or see some of the local sights. You should find some local information (e.g. a few good places to eat and drink, do laundry, etc.) on the hotel notice board. Your hotel will provide you with more information on how to join your tour.

Tucan Travel Adventure Tours operate on a modular system with smaller tour sections joining and leaving the master tour (the 29-day **Wonders of India and Nepal**) throughout its duration. This may mean you will start your tour with a local representative and then meet up with your tour leader and group on day two.

When meeting your tour leader for the first time, please bring the following:

- Your passport, including any necessary visas and at least one photocopy to give to your tour leader
- Vaccination certificates if relevant to any destinations on your tour
- Travel insurance policy and a photocopy to give to your tour leader
- Your travel voucher

Missing the tour departure

If you miss the start of your tour, please ask at the reception of the hotel for a message from your tour leader which will give you instructions on how to catch up with the group. Any associated costs will be at your own expense (although, depending on the reason, you may be able to claim these from your travel insurance so ensure you keep all receipts).

If you know in advance that you are unlikely to arrive on time, please contact Tucan Travel immediately so we can inform the tour leader. Tucan Travel cannot be held responsible should your airline/boat/coach be delayed and we are unable to refund any unused portion of your tour.

Time Keeping

Punctuality is very important and throughout the tour your tour leader will give you the time to meet in reception. Tour leaders will often post notes at reception with meeting times, so remember to always look out for these.

Although rare, delays can occur and we therefore advise you not to arrange your onward travel too close to the end of the tour. We take no responsibility for any missed flights or additional expenses if the group arrives late into the departure city at the end of the tour.

Emergency Contact Details

In the unlikely event of an emergency, please contact our Asia Destinations Manager on +44 (0)203 129 3763

Emergency contact details are a service for emergency calls only. We respectfully request that you consider the urgency of your enquiry. Non-urgent enquiries should be made during office hours. Visit [contact us](#) page for office hours.

Keeping in Touch

Your tour leader will point out internet cafes in all major cities and towns and Wi-Fi may be available in some hotels. Mobile phones may not work locally depending on your network. If you have an unlocked phone you may be able to purchase a local SIM card. Hotel details, apart from the joining hotel, are not given in advance and are subject to change, so if someone needs to contact you urgently during your tour the best method is to contact our office who can pass a message on to the tour leader.

Money

For personal spending money we recommend bringing US dollars, Pounds Sterling or Euros to exchange for or use alongside local currency. Travellers cheques are not accepted everywhere and can be expensive to exchange, but offer a more secure way of transporting funds. While bank cards provide a very good way to access funds overall, it is not recommended to rely on them as your sole source of funds as cash machines do not always work and may not be available in remote locations. Carry a mix of cards and cash with you, including notes in small denominations.

ATMs are fairly commonplace and pay out in local currency, except in Cambodia where US dollars is the main form of currency. If the ATM doesn't work after the first two attempts, find another machine as it may retain your card the third time. Always make sure no one else sees your PIN number when using ATMs.

Your spending money should cover some meals, optional excursions, souvenirs, drinks, laundry, border and airport taxes and any visas obtained locally. We provide guideline prices for optional excursions in the itinerary to help you budget, but ultimately the amount you will need to budget for your trip very much depends on your individual requirements. We recommend bringing extra money to cover emergencies or unexpected situations.

Tipping

Tipping is a part of the life in Asia, but you should not feel obliged or pressured to tip if you have not received good service. A gratuity of 10% of the total bill is recommended in restaurants. Gratuities are usually expected for local guides on included and optional excursions. Tips are also appreciated by Tucan Travel tour leaders at the end of your tour and we recommend an average of \$2-\$4 per person per day for the duration of your tour. This is only if you feel that their service was up to standard and is completely at your own discretion.

Packing List

The best advice when packing is to travel light and leave space for souvenirs in your bag.

Luggage

It is important to bring luggage you can carry and lift comfortably, potentially up several flights of stairs in hotels where elevators are not available and between bus/train stations and hotels. There may be times when you have to get your luggage through crowded streets which may be cobbled or store your luggage in lockers. Luggage too large for lockers will have to be left insecurely or carried for the duration of the day.

We recommend a frameless backpack or a sports type shoulder bag which fits comfortably on your shoulders, as they are less bulky and easier to handle than rigid suitcases or framed backpacks. Suitcases are not suitable for our tours and are not recommended. Tucan Travel takes no responsibility for damage to your luggage while on tour.

In addition to your main bag, you will need a small daypack for your everyday excursions. Try to keep this bag as light as possible and make sure that all main sections of your bags can be padlocked. This daypack should have enough room to carry food and snacks for long hikes and treks and space to carry belongings for overnight excursions.

Sleeping Sheet

Sleeping bags are not required on this tour, but a sleeping bag liner/sleep sheet is optional if you wish to bring one along. Some passengers like to use them on long bus journeys and overnight trains.

Clothing and Footwear

We recommend packing lightweight and durable clothes. Nights can be cold at higher altitude, so it is a good idea to bring at least one pair of warm trousers plus several thinner sweaters / fleeces which you can layer. Please avoid military or camouflage-patterned clothing as it can cause problems and in some countries may be illegal. In some sacred and religious areas you will be required to cover your shoulders and knees as a sign of respect (this often applies to men as well as women). A sarong or light scarf can be very useful in these scenarios.

Good, comfortable walking shoes are essential. These do not need to be expensive boots, but they should have good ankle support and grip, be worn in and ideally waterproof.

Essential items:

- A lightweight water/windproof jacket with hood
- Easy to pack wide-brimmed hat or cap
- Towel - you will need a towel for most overnight excursions
- Swimwear
- Sandals or thongs/jandals/flip flops

Suggested items:

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| <ul style="list-style-type: none"> <input type="checkbox"/> Money belt <input type="checkbox"/> Sunglasses <input type="checkbox"/> Small calculator <input type="checkbox"/> Small collapsible umbrella <input type="checkbox"/> Universal washbasin plug <input type="checkbox"/> Head torch or flashlight <input type="checkbox"/> Travel alarm clock <input type="checkbox"/> Lip balm, sun block with high UV factor <input type="checkbox"/> Wet wipes <input type="checkbox"/> Cheap plastic watch <input type="checkbox"/> Plenty of spare memory cards for your camera <input type="checkbox"/> Spare rechargeable batteries for camera <input type="checkbox"/> Writing materials, address book and diary <input type="checkbox"/> Travel games, cards and a couple of paperbacks <input type="checkbox"/> Toilet paper (best to carry a roll with you at all times and/or tissues) <input type="checkbox"/> Small medical kit with diarrhoea remedy, rehydration salts, antiseptic cream, sterile dressings, plasters, bandages, pain-killers, safety pins etc. | <ul style="list-style-type: none"> <input type="checkbox"/> Plastic bags for waterproofing <input type="checkbox"/> Inflatable pillow <input type="checkbox"/> Swiss army type penknife <input type="checkbox"/> Binoculars <input type="checkbox"/> Travel plug adaptor with a USB port <input type="checkbox"/> Small sewing kit <input type="checkbox"/> Insect repellent (DEET 35% min) and bite cream <input type="checkbox"/> Antibacterial hand cleansing gel <input type="checkbox"/> Ear plugs and sleep mask <input type="checkbox"/> Travel sickness tablets <input type="checkbox"/> Spare pair of spectacles or contact lenses and solution <input type="checkbox"/> Hard drive or USB stick to back up your photos <input type="checkbox"/> Pocket size phrasebook <input type="checkbox"/> Pegless washing line & travel laundry detergent (bio-degradable preferable) <input type="checkbox"/> As gifts for local children - pens, coloured pencils, small notepads. To discourage a begging mentality we recommend that you try to give these gifts at schools or childcare centres rather than on the street. |
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Laundry

There are usually laundromats or laundry services in or near most of our hotels. Hotel services can be pretty costly however your tour leader will be able to recommend cheaper options. If you wash clothes yourself take care not to be too obvious where you hang them as most hotels do not like guests washing and drying their clothes in the hotel rooms.

Electricity Supply

The power supply in Asia differs not only from country to country but sometimes from region to region within a country.

- Vietnam, Thailand & Laos require a European plug with two circular metal pins
- Singapore and Malaysia requires a three square pin power sockets as in the UK.
- Japan requires a plug with two flat parallel prongs similar to those used in North and Central America. However, the Japanese plug has two identical flat prongs.
- China use a Japanese-style plug with two parallel flat blades; Australian-style plug with two flat angled blades and one vertical grounding blade; British-style plug with two flat blades and one flat grounding blade; South African/Indian-style plug with two circular metal pins above a large circular
- Cambodia uses a European plug with two circular metal pins or Japanese-style plug with two parallel flat blades.
- Nepal uses 2 or 3 round prongs as found in the US. You will also need a voltage converter.
- India use South African/Indian-style plug with two circular metal pins above a large circular grounding pin.
- Central Asia, Indonesia, Russia and Mongolia use a European plug with two circular metal pins.

We recommend bringing a universal plug adaptor with you.

Health, Fitness & Safety

Vaccinations

It is important to consult your doctor or travel clinic in good time before your tour departs to determine what vaccinations you require. You may need several vaccinations and/or malaria tablets and you should be aware that some inoculations require more than one visit and can take several weeks to administer. Always carry your International Certificate of Vaccination with your passport.

Malaria can be found in some parts of Asia. The risk is greater in rainforests or other areas at sea level. If required make sure you pack sufficient prophylactics for the duration of your tour and the incubation period after. You should take a good insect repellent (with DEET) and apply liberally and regularly. Flying-insect spray or mosquito coils (containing a pyrethroid insecticide) can help clear rooms of mosquitoes and may be worth bringing.

Pack a Medical Kit

A medical kit is handy for minor wounds and ailments. In areas with limited or dubious medical facilities, an emergency medical kit containing sterile syringes is also advisable. By law our staff are not allowed to administer first aid or give drugs to travellers, so please be prepared with your own supplies.

If you are taking medication, please ensure you bring an adequate supply and a letter from your doctor to avoid potential issues at border crossings.

Fitness & Suitability

This is a public transport-based tour so it is essential that you be able to carry your bags over distances between bus and train stations and hotels, generally for up to 20 minutes. Disruptions happen and while your tour leader will make every effort to ensure your trip runs smoothly, patience, a sense of humour and willingness to get involved and help your tour leader are essential ingredients for a successful and happy group.

If you have any pre-existing medical conditions please let us know at the time you book or as early before departure as possible. Depending on the severity of the condition, you may be asked to produce a medical certificate from your doctor approving your participation in this tour. While this would only happen in very exceptional circumstances, if we consider you incapable completing this tour or you have concealed an existing medical condition which is affecting your ability to participate in the tour of Tucan Travel reserve the right to turn you away without reimbursement.

Safety & Security

Asia is generally safe, even more so in a group. Reasonable precaution is advised; do not bring valuable jewellery or watches (even fakes can catch the eye of a thief), do not walk by yourself at night, heed your tour leader's advice and always keep an eye and a hand on your camera and bags in public places. Tucan Travel cannot accept responsibility for any valuables left in safe deposits in hotels or on public transport.

Age Restrictions

We have a minimum age on all our group tours of 12 years old. Children aged between 12 and 18 must each be accompanied by a legal guardian or parent and we recommend that children have a companion of a similar age to them so that they have company along the way. While we do not have an upper age limit, the nature of our group tours can be very fast paced and travellers might be required to walk long distances, often in the heat. Please read through our **Tour Suitability** page or contact a member of our Reservations Team if in doubt.

Travel Guides

If you would like to discover more about your destination, including history, geography, climate and language, please have a read of our country travel guides available here: <http://www.tucantravel.com/destination-travel-guides/asia-travel-guides>.

Documents

Passport

Your passport should be valid for at least 6 months after you have finished your tour with sufficient blank pages for visas and immigration stamps. Photocopy your passport, leaving one copy at home and taking one with you on tour. If you lose your passport while on tour, you will be responsible for any expenses incurred such as extra accommodation and transport while replacing your passport and will not be entitled to a refund of any unused portion of your tour.

Tour Documents

Before you depart you will be issued with a voucher for your tour and separate vouchers for any extra services such as airport transfers and pre/post tour accommodation. Please print these out and bring them with you. This dossier is updated regularly, so we recommend checking our website for the latest version just prior to the start of your tour.

Final Balance

The balance for your tour is due no later than 60 days prior to the start of your tour and no tour vouchers will be issued until this is received. In addition please send the following details at least 60 days before you depart:

- Passport number, date of issue, date of expiry, nationality and place of issue
- Your full name and date of birth
- Flight arrival details in your starting city
- Special requirements, e.g. special dietary requirements or allergies

Please let us know if you are travelling with another person on the tour but have made separate bookings and we will endeavour to make suitable rooming arrangements.

Visas

All countries have visa requirements that are subject to change at short notice. A general guideline for visa requirements is available here: <http://www.tucantravel.com/before-you-go/visa-guide>, but you must check with your local embassy or consulate for the very latest visa requirement information based on your nationality. It is your responsibility to ensure that you have all necessary visas for your tour. If you would like help

applying for visas, we have recommended visa agencies on our visa page that we work with regularly.

Important things to check when applying for visas:

- Does the validity of the visa cover the duration of your time spent in the country?
- Do you require a single or multiple entry visa(s) for your tour?
- Are you required to show additional documentation when you arrive in a country? (Examples include proof of onward travel and travel itinerary)

Some visas are only valid for entry within three months of the date of issue which means on some of our longer tours the visa would expire before you are scheduled to enter the country. In these cases you must obtain the relevant visa during your tour. If it is necessary for you to obtain any visas en-route, please contact Tucan Travel or your travel consultant and inform your tour leader at the start of the tour. If you do not have the appropriate visas, Tucan Travel will not reimburse any expenses incurred in acquiring visas or any unused portion of the tour.

It is best to apply for visas in your home country if possible. If applying for visas by post, please allow plenty of time before departure and send your application by registered mail. Postal applications tend to be given a lower priority than in person applications and can take longer to process.

Special Note: If you have dual nationality it is advised not to obtain different visas in different passports. Although this may sometimes be cheaper, you may encounter problems at border crossings if your exit stamps from one country are not the same as your visa for the next.

Travel Insurance Policy

Travel insurance is compulsory for all tours. You must be adequately insured for medical, hospital, baggage and personal expenses, any necessary extra travel (rejoining tour or repatriation) as well as curtailment and cancellation.

We strongly recommend that all clients carry a copy of their full policy document with them at all times, together with any certificate showing the policy number and emergency contact details. Your tour leader will also ask for a photocopy of your insurance document, so please take this to the pre-departure meeting at the start of your tour. You will not be able to commence your tour unless you can provide proof of insurance to your tour leader.

Document Checklist

- Tour Voucher & Vouchers for extra services
- Passport (with photocopies of information pages and visas)
- Tour Dossier
- Cash & credit/debit cards (best to take a mixture and more than one card in case one does not work)
- Travel Insurance Certificate and photocopy for tour leader
- Travel consultant's phone number and email address
- Proof of onward travel, ie airline ticket

Optional Excursions

Optional excursions are not operated by Tucan Travel and while every effort is made prices may not be up-to-date and are intended as a general guide to help you budget for your trip. Prices for vehicle-based excursions such as game drives are approximate based on the optimum number of participants and the actual price may vary depending on group size.

Sufficient safety equipment such as helmets and life jackets are sometimes not available and Tucan Travel is unable to provide this equipment. If you intend to participate in an optional excursion you may like to consider bringing your own safety gear.

Excursions are run by a local operator or third party with both Tucan Travel and the Tour Leader acting as a booking agent only. Optional activities are not part of the tour and Tucan Travel's booking conditions do not apply to them. It is your responsibility to ensure you have the correct travel insurance for the excursions you intend to take part in and Tucan Travel is not liable for any injuries incurred.

Responsible Travel

We work hard to ensure our tours are sustainably and ethically run. You can read our responsible travel policy and advice on how you can travel responsibly here: <http://www.tucantravel.com/about-us/responsible-travel>.

Meet Up

Our free Meet Up app, available on Facebook, on iTunes and Google Play is an opportunity to chat with others passengers before you depart or keep in touch when you arrive back from tour. Information on the app is available here: <http://www.tucantravel.com/before-you-go/meet-up>

Add-ons & Extras

On many of our Group Tours, we spend one night in our arrival and departure cities. If you want to explore these cities more we can book pre and post tour accommodation, city tours and airport transfers for you. Price information can be found on the price page of each tour. We also have **Add-ons** - short packages that can be booked alongside a tour or on their own and have been carefully designed to ensure you don't miss out on popular highlights.

Illegal Drugs

The possession or use of illegal drugs will not be tolerated on our tours. When overseas you are subject to local laws and the penalties for breaking these laws can be harsh. In order to safeguard the interests of the group as a whole, our tour leaders have been instructed to insist that any person found with illegal drugs leave the tour immediately – without refund. The tour leader's decision on this matter is final. If you need to carry certain drugs with you for purposes of medication, please inform your tour leader and ensure that you carry a copy of your prescription or letter from your doctor.